ATTACK ON BATHING.

## Chicago Dector Says That Washing the Body is Dangerous.

When people leave off bathing there will be little or nothing for the doc-

bundred other like result from the foolish habit of washing the body.

"To bathe is to be dirty, for you thereby make a sewer of the skin. Blood attracted by the skin gives up products that should be left to nesk a was then at the beginning of his products that should be left to nesk a was then at the beginning of his products that should be left to nesk a was then at the beginning of his products that should be left to nesk a was then at the beginning of his products that should be left to nesk a was then at the beginning of his products that should be left to nesk a was then at the beginning of his products that should be left to nesk a was then at the beginning of his products that should be left to nesk a was then at the beginning of his products that should be left to nesk a was then at the beginning of his products that should be left to nesk a was then at the beginning of his products that should be left to nesk a was then at the beginning of his products that should be left to nesk a was then at the beginning of his products that should be left to nesk a was then at the beginning of his products that should be left to nesk a was then at the beginning of his products that should be left to nesk a was then at the beginning of his products that should be left to nesk a was then at the beginning of his products that should be left to nesk a was the left

natural outlet and solls the skin."

The foregoing declaration, made by Prof. John Dill Robertson at the annual meeting of the Chicago Electric and Surgical society, has aroused the

The doctor concluded with a touch- over the shop in May, ing incident of a poor Eskimo brought "But I don't want from Greenland to Boston, who had my father, never been ill in his life. He was "Well, given a bath, contracted pneumonia and died in two days.

## Well Remembered.

this place suffered a great deal with a dizziness in her head. She was cured of this by a remedy called Dodd's Kid- you, remember." ney Pills, and has not been troubled

Shortly afterwards she had a bad believe attack, and for this she used Diamond Dinner Pills and was complately cared in a short time.

in January, 1903, she had an attack or Sciatica, of which she says:

"I was almost helpless with the Sciatica, but remembering what Dodd's Kidney Pills and Diamond Dinner Pills | a year more than you pald last, had done for me before, I commenced | have bought the building." had done for me before, I commenced a treatment of these medicines and in three weeks I was completely restored to health. I have great faith in these much benefit to me.'

Dodd's Kidney Pills are very popular in Barnes County, having made a great many splendid cures of Sciatica, Rheumatism and Kidney Troubles. Many families use no other medicine.

"Last month," said the lecturer, "I addressed six different audiences—and sixteen indifferent audiences."

Don't Rent a Farm-Buy!

Colorado farmers can get good irri-gated land, best of water rights, splengated land, best of water rights, splendid crops, and pay about the usual rental for the use of the land. In three years they'll own it clear. The best chance to get a good farm ever offered in the state. Write to-day to The Colorado Bureau of Immigration. Zeph Chas. Felt, president, Majestic building, Denver, Colorado.

Germany produced last year 93,000,000 gallons of potato alcohol, largely for automobile use

Mother Gray's Sweet Powders for Children. Successfully used by Mother Gray, nurse in the Children's Home in New York, curse Constipation, Feverishness, Bad Stomach, Teething Disorders, move and regulate the Bowels and Destroy Worms, Over 20,000 testimonials. At all Druggists, 25c. Sample FREE Address A. S. Olmsted, LeRoy, N. Y.

"It's an old saying that 'an onion a day keps the doctor away." "Yes; and every-body cise."

Dealers say that as soon as a cus-tomer tries Defiance Starch it is impossible to sell them any other cold water starch. It can be used cold

"How are you, old fellow?" "Used up just managing to keep dut of the grave." "Oh, I'm sorry to hear that."

Eastern Artist-Is it possible for a man who is clever with the brush to make a "ving here? Chicago Citizen-Yes, if he is a bootbleck."

if you have smoked a Bullhead 5-cent clear you know how good they are; if you have not, better try one.

"Our climate is so damp that we raise nothing but umbrellis." "Pshaw! We never raise umbrellas here. They are atways up."

Storekeepers report that the extra quantity, together with the superior quality of Defiance Starch makes it next to impossible to sell any other

The Union Pacific structures a rate of the fare for the round trip between all points in Colorado for the Christmas and New Year holidays, tickets on sale Dec. M. 25, 31, and Jan. 1, and good for return until Jan. 4, 1884. Bee the Union Pacific Agent.

First Tramp-"Did ye hear of that Chicago doctor who says bathin' is unhealthy?" Tshaw! Any fool ought to know that."

The secret of the popularity of Baxler's "Bullhend" S-cent cigar is revealed in one word-"Quality."

"In your Bachelors' club what is the penalty for marrying" "Marriage."

Quit Coughing.

Why cough, when for 75c and this notice you get 25 dones of an absolutely guaranteed cough cure in tablet, form, postpaid, DR. SKIRVIN CC., LA CROSSE, WIS. (W. N. U.)

A man seldom sees a perfect man without the aid of a mirror.

Piso's Cure for Consumption is an infallible medicine for cought and coids.—N. W. Samuria Gosan Grovo, N. J., Pob. 17, 1903.

Indignant Wife—You said you would be home not later than one o'clock. Lets Husband—Just as I was comin up the sisps I heard the clock strike one—three or four times.

A smile of satisfaction goes with one of Baxter's "Bulihead" 5-cent cigars.

The port has a great dual to contend with. "The clock struck one and down the mause run." is had grammar, but if you change "run" to "run" it spoils the change.

THE CHANGE WAS MADE

But it Was the Big Firm That Paid

Increased Rent. Jules Huret, the French Journalist, 100 expense who has announced that Americans and various make love too coldly, is the son of walres, and p a rich and astute merchant. M. Hurs likes to tell a story in Illustration of

career, and his income was somewhat | ago. paltry. He was, however, an economical man.

"A clothing firm occupied all of the hullding except the portion held by my Prof. Robertson asserted that the father, and this firm had arranged theory that the closing of the pores of the property that the closing of the pores of the property that they should the skin would result in death is false. have that portion, too, whenever they

the skin would result in death is false. He said that all physiologies which made such an assertion were wrong.

The habit of taking "dry" baths was also denounced. The rubbing of a rough towel over the skin, according to Dr. Robertson, removes the natural scales of the skin, or the "false skin."

This, he said, conduced to the growth of bacteria upon the skin.

The deater consinued with a tough, over the shop in May.

"'Well, but you'll have to, wald the as you can. Now, if you'll leave quiet-Valley City, N. Dak., Dec. 14.—Two ly, without making any fuss, we'll years ago Mrs. Matida M. Boucher of help you to find a new place. But, if you stay, you'll have to pay a rent that will beggar you-simply beggar

> "'Give me,' said my father humbly, two weeks to think this matter over." 'Well and good,' the manager replied, and two weeks later called on him again. My father was all smiles

as he received him. "Everything, my friend, is arranged, my father said. You may stay here, as before. I don't pay any rent at all, but you pay 2,500 francs

HARRIMAN'S GIFT TO CHARITY.

medicines, for they have been of so | Millionaire is Liberal to Those He Thinks Well of.

E. H. Harriman is a member of thatsmall group of well-known millionaires that remembers the Biblical injunction not to let the left hand know what the right hand doeth, when doing

His philanthropies are as varied as many a man's whose good deeds are trumpeted throughout the land. But while they are thus carried on quietly they are also done in a gruff sort of way.

The man who has charity to place before Mr. Harriman walks into his office.

"You're Mr. So-and-So," says Mr. Harriman. "Quick, now, I'm a busy

"Ugh," the financier grunts a moment later. "That's the institution at such and such a street. I know about you-you're teaching children to be good men and women. Here"-turning to his secretary—see that this gentleman gets a check for \$1,000. That's all right—haven't time for thanks. Good-day."

And the visitor walks out of the office in a dazed sort of way. But sometimes the seekers after charity

are dazed in the opposite direction.
"I know your place," Mr. Harriman
will may. "It's no good—not making the right kind of men and women. You can't get a cent from me. Good-

Compliments Were Deserved,

Dr. W. W. Keen of Philadelphia has great repute as a surgeon. In New York one winter afternoon last year he saw a man slip on an icy pavement and fall heavily. He hastened to the poor fellow's assistance and found

that he had broken his leg. Dr. Keen used his umbrella as a the same money, but also because of spiint, and with his own and several superior quality. borrowed handkerchiefs bandaged the broken limb tightly. As he finished his task the ambulance arrived.

"You've bandaged this rather well," the young blue uniformed ambulance surgeon said to Dr. Keen.
"Thank you," said the other.

"Oh, not at all. I suppose," the youth resumed, "that you have been reading up some 'first aid to the injured' treatise, ch? They say a little learning is a dangerous thing, but, really, the little you have learned The California life convict who has been ordered to appear and receive another about surgery you have put to good sentence at the end of one hundred years account. Give me your name and adapts he will see the court in hades first.

to you. "I'll give you my card," said Dr. Keen. He did so, and the young surgeon flushed a little as he read on it the name of one of the greatest of modern surgeons.

Love's Blossoming. Deloved, in the garden of my heart.
There fell one night a solltary seed;
I knew not whence it came nor what its
part.

I knew not whence it came nor what its part.

Nor of what nourishment it might have need.

Wearied with wandering through the ether wide,
It slept, and when its weariness was gone.

Said. "In this pleasure spot I will abide, and with the fairest claim comparison. Startel. I watched with Reen and constant eyes.

The growth to bud and blossom of my guest,
Like one to whom 'tis very Paradiss."

The see her infant drain her ample broast,
and fol I found, one happy evening hour,
My heart was harboring Loys's immerial flower.

—James Whitehead, in Blackwoods.

Great Statesman Blept Little. M. Thiers, the great French states-man of a generation ago, priced himsolf on never being found in bed after 5 o'clock in the morning; and more often than not he was drinking his early cup of coffee and eating his roll shortly after 4, preparatory to begin-ning eight hours of unbroken work, which ended with the delegater proper Propered by

Every her

friendly way told him that he had etter look about for another stand tonce, since his firm would be taking ver the shop in May.

"But I don't want to move," said

What's the use of a horse with a pediaree if he's the last of the race?

"Don't we all look out for number one?" "I know a widow who is looking out for number two."

Hundreds of dealers say the extra manager. You are a poor man, and quantity and superior quality of Demy firm is rich. We can afford to pay finnes limited by the same of three times as much ront for this floor all other brands. Others say they cannot sell any other starch.

Ignorance may be bliss, yet the real self-satisfied chap is the one who imagines he knows it all.

Feet Comfortable Ever Since. "I suffered for years with my feet. A friend recommended ALLEN'S FOOT-EASE. I used two boxes of the powder, and my feet have been entirely comfortable ever since. ALLEN'S FOOT-EASE is certainly a god send to me. Wm. L. Swormstedt, Washington, D. C." Sold by all-Druggists, Sec.

"It beats all" how good a cigar you can buy for a cents if you buy the right brand. Try a "Builhead."

"Isn't it found? The Turks swear by the heard of the prophet?" Then I sup-pose if a barber were to cut off the prophet's heard there would be no awear-ing."

Mrs. Winstow's Scotting Syrup.

For children besting, softens the sums, reduces todarametion, slays pain, cures wins colle. Socs bottle.

Wagge-Does the story end happily? Henpeck-No; they get married in the last chapter.

To Cure a Cold in One day, Take Lexative Brome Quinine Tablets. All druggists refund money if it fails to cure. 25c.

"What does Shakespears mean by wise saws?" "I suppose he refers to those that have out their eye teeth."

Don't you know that Defiance Starch besides being absolutely superior to any other, is put up 15 ounces in package and sells at same price as 12-ounce packages of other kinds?

"Why do you object to William? Is he not a good butcher?" "I suppose it's besure I've got in the habit of grumbling it meat bills."

Smoke Baxter's "Bullhead" 5-cent elgar. "Why do you distike that blind man so much?" "He's the worst grumbler I ever met-finds fault with everything he seen."

Any one can dye with PUTNAM FADELESS DYE; no experience re-

"I think there must be a funeral in that oune; two women have just come out rying." "Pahaw! That's a sign of a

Union Pacific Holiday Rates. Between all stations in Colorado, inion Pacific will sell tickets Dec. 24, 1, and Jan. 1, at rails of one fare ound trip. No tickets sold for less to 9 cents, however. Tickets good for turn by to and seculiding Jan. 4, 1881

local Union Pacific agent for full par-ticulars.

It's no use telling marriageable young ladies to shun a man who has a big man-sion.

Sensible Housekeepera will have Defiance Starch, not alone because they get one-third more for

Noah certainly had a corner on the ship- Elite Matrimonial Journal contains rich

The mildest tobacco that grows is used in the make-up of Buxter's Bullhead i-cent cigar. Try one and see.

"I thought you said that Miss Richur had a fine figure "She has: \$1.000,000."

SCHLEY ENDORSES PE-RU-NA.

Pe-L Drug Co., Columbus, Ohio: Ontlemen: "I can cheerfully say that Mrs. Schley has taken Perru-na and I believe with good effect." W. S. SCHLEY. - Washington, D. C.

A DMIRAL SCHLEY, one of the foremost notable heroes of the Nineteenth Century. A name that starts terror in the heart of every Spaniard. A man of steady nerve, clear head, undaunted courage and prompt decision.

Approached by a friend recently, his opinion was asked as to the efficacy of Peruna, the national catarrh remedy. Without the slightest hesitation he gave this remedy his endorsement. It appeared on later conversation that Peruna has been used in his family,

where it is a favorite remedy. Such endorsements serve to indicate the wonderful hold that Peruna has upon the minds of the American people. It is out of the question that so great and famous a man as Admir schley could have any other reason for ving his endorsement to Peruna than his positive conviction that the remedy is all that he says it is,

The fact is that Peruna has overcome all | lumbus, Ohio, for free literature on catarrh.

opposition and has won its way to the hearts of the people. The natural timidity which so many people have felt about giving endorsements to any remedy is giving way. Gratitude and a desire to help others has inspired thousands of people to give public testimonials for Peruna who heretofore would not have consented to such publicity.

Never before in the annals of medicine has it happened that so many men of national and international reputation have been willing to give unqualified and public endorsements to a proprietary remedy. No amount of advertising could have accomplished such a result. Peruna has won on its own merits. Peruna cures catarrh of whatever phase or location in the human body. That is why it receives so many notable and unique endorsements.

Address The Peruna Drug M'f'g Co., Co-

Ask Your Druggist for free Pe-ru-na Almanac for 1904.



Office & Works, 8th & Larimer Sts. Metallurgical Dep't, 1737 Champa St.

Ye know Dutchy oi gave me woife two black eyes dis mornin, how shall oi square mesilf? Dots easy Pat, take home LITTLETON BUTTER

CAPSICUM VASELINE

A substitute for and superior to mustand or any siter playter, and will not blister the most self-case skin. The pennalizing and cutrative multimes of the stricts are wooderful. It will not bloster the most important constants at come, and relieve heads whe and actation. We recommend it as the best and actation. We recommend it as the best and actation and remody for pains in the chest and stomach and all rheamatic, neumain and casting complaints. A trial will prove what we claim for it, and it will be found to be invaluable in the household. Many pound may it is the best of all your preparations. Price 10 center at all drugsint or other dealers, or by sending this amount to us in pouns stance we will send you a title be fault. No article should be accepted by the public unless the same carries our infect, as otherwise it is not premise accepted by the public unless the same carries our infect, as otherwise it is not premise.

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LARGEST CATALOG HOUSE IN THE WEST Groverses and all other kinds of Morchandise Re-ified at Wholesale Prices. And 7s to pay postage or our Mammoth Catalogue. Bon 1, Look, cor. 16th and Blake, Denver.

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Concentration Tests— 100 lbs. or car took lots.

Write for terms.

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Howard E. Burton, Accepter and Bp-riman prices, Gold, Silver, Lead E) Gold, Silver, T. Sand E) Gold, Silver, Silv

framerical with Thompson's Eye Water

PISO'S GURE FOR-Built under the HUCFAIL Bust Cough by rusp, Tractor shoot, Tare in Sugar, Swift by Arregists, CONSUMPTION

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Stirred into boiling hot water to the consistency of thick cream, served hot with cream and sugar, there is no-breakfast food that can compare with

Its flavor delicious; the kind of food that the system demands to make the nerves strong, the muscles firm, the skin clear, and rich bood for perhat health. Served hot or cold; for all classes. Young children, elde; ns and invalids will find it

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Aigestion and Ready to Eat

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